



metabolic balance® the innovative program from Europe.
No Pills-No Shakes-No Injections-No Cravings-No Hunger
REAL FOOD - GROCERY STORE - FARMERS MARKET

INFORMATION EVENT

Date: Time: MAY 2, 2015 @ 11 AM -1 PM & 2 PM - 4 PM

Location: SASKATOON PUBLIC LIBRARY - CLIFF WRIGHT BRANCH
1635 McKERCHER DRIVE - SASKATOON, SK

Space Limited - Please Register

JM B-FIT (Jane Beckett-Certified Coach)
403-921-1411/jmbfit@gmail.com

JM B-FIT

Weight Management the Natural Way

To find out more about the program visit
www.metabolic-balance.com/ca
www.jmbfit.com

Long distance coaching available
Individual or group coaching.

Finally, a scientific solution based on more than 30 of your blood values that leads to natural sustainable weight adjustment. Receive an individualized food plan based on your unique blood values. Innovative four-phase program. Structured and easy to follow. Yes you can dine out. Personal Coaching sessions. Your road map to lasting success.

Wholesome natural foods. Balanced carbs and protein. No hunger-No cravings-No Plateau.
BALANCED METABOLISM-BALANCED LIFE- BALANCED WELLNESS

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